

Greenmarket Recipe Series



SAUTÉED BROCCOLI RABE WITH SPRING GARLIC-BASIL BUTTER

Serves 6-8

Ingredients:

1 pound broccoli rabe*

½ cup butter*

3 cloves spring garlic*, minced

1 ounce basil*, finely chopped

2 tablespoons extra virgin olive oil

¼ teaspoon sea salt

Pinch black pepper

Directions:

- 1. Trim the stems of the broccoli rabe; blanch in salted boiling water for 2 minutes until bright green and tender-crisp. Remove from water and rinse with cold water to cool. Pat dry.
- 2. In a skillet, melt butter. Add garlic and cook over low heat for 1 minute. Transfer butter to a bowl and stir in basil.
- 3. Return skillet to stove and heat olive oil. Add broccoli rabe and sauté until tender, 2-3 minutes.
- 4. Add butter, salt, and pepper. Coat broccoli rabe with butter and serve.

^{*}Ingredients available seasonally at your neighborhood Greenmarket